

Nipple eversion surgery (correction of inverted nipples) is a procedure in which the tethering ducts are either cut or stretched to allow the nipple to come back out again. Once the nipple is everted on the operating table, either stitch techniques or internal skin flaps are used to act as a base plate to minimise the risk of nipple re-inversion.

The success rate of nipple eversion is good, however, there is always a risk of recurrence as well as a risk of nipple numbness or either hypersensitivity. Further revision surgery can be performed if this occurs but it is important to understand that there is normally a cost involved in this.

Other risks with nipple eversion surgery include infection, bleeding, small scars and rarely necrosis (death) of the nipple if the blood supply is completely cut off or damaged. This last complication is rare.