

## Videos applicable to all plastic surgery procedures:

Managing expectations: [https://youtu.be/o5r\\_eBMLeSQ](https://youtu.be/o5r_eBMLeSQ)

General plastic surgery: <https://youtu.be/SSczfa1ioxw>

When not to have aesthetic plastic surgery: <https://youtu.be/Q5sJCce-Bwk>

Scar management after plastic surgery: <https://youtu.be/Kkfiqc2mnU8>

Age and plastic surgery: [https://youtu.be/X6dwQRXty\\_8](https://youtu.be/X6dwQRXty_8)

The benefits of massage after plastic surgery: <https://youtu.be/4ui2tLe-VLs>

## Liposuction videos:

Liposuction FAQs: <https://youtu.be/fp3PZPRLorg>

Weight gain and liposuction: <https://youtu.be/9dQQkYgSunk>

Body contouring is not weight loss surgery: <https://youtu.be/YDf1AI7FNAw>