

A lip lift is a procedure that takes 45 to 60 minutes under local anaesthetic, normally performed at Purity Bridge (unless part of a combined procedure with other operations). It aims to increase vertical pink lip height whilst also everting the lip. In addition it will reduce the distance between your nose and mouth.

Injections are placed into the gums, similar to a dental procedure, initially, followed by injections of local anaesthetic into the pre-designed pattern under the nose. The planned skin pattern is removed and the skin is raised towards the pink lip off the underlying muscle (but no muscle is cut). The wound is closed with an important layer of deep stitches which hold the lift in place, with a secondary layer of fine skin stitches placed to finish the operation.

You can expect significant swelling initially (which can be dramatic in some people) that settles down, however, there remains some residual swelling for several weeks afterwards and I usually describe to my patients that they lose their smile for around a month as a result of the residual swelling. As discussed when we spoke, risks of surgery include infection, bleeding, asymmetry, the requirement for revision surgery (which may be at cost) and recurrence of lip lengthening in some people. Poor scarring can be an issue for some people with respect to the scar appearing thick and lumpy, or in others flat and broad. Various measures to aim to achieve as good a scar as possible will be recommended, but it is important to appreciate that scar quality varies between individuals, and can be somewhat unpredictable.

I would encourage you to also have a look at my Instagram page (@marcpacifico) where you can watch me perform the procedure as well as see other examples, and in addition please read through the lip lift diaries available on line <https://www.puritybridge.co.uk/?s=diary>

Please also read the page and then watch all the videos at the bottom of the page: <https://www.marcpacifico.co.uk/treatments/face/liplift/>

You might also find the following helpful: <http://liplift.co.uk/>