

Videos applicable to all plastic surgery procedures:

Managing expectations: https://youtu.be/o5r_eBMLeSQ

General plastic surgery: <https://youtu.be/SSczfa1joxw>

When not to have aesthetic plastic surgery: <https://youtu.be/Q5sJCce-Bwk>

Scar management after plastic surgery: <https://youtu.be/Kkfiqc2mnU8>

Age and plastic surgery: https://youtu.be/X6dwQRXty_8

The benefits of massage after plastic surgery: <https://youtu.be/4ui2tLe-VLs>

Videos applicable to breast implant plastic surgery procedures:

Breast reduction FAQs: <https://youtu.be/LiKhgKpEx3I>

Types of breast reduction: <https://youtu.be/dYto6u-k-3c>

Mummy makeover: https://youtu.be/aX3_mkyxDBw