

Videos applicable to all plastic surgery procedures:

Managing expectations: https://youtu.be/o5r_eBMLeSQ

General plastic surgery: <https://youtu.be/SSczfa1joxw>

When not to have aesthetic plastic surgery: <https://youtu.be/Q5sJCce-Bwk>

Scar management after plastic surgery: <https://youtu.be/Kkfiqc2mnU8>

Age and plastic surgery: https://youtu.be/X6dwQRXty_8

The benefits of massage after plastic surgery: <https://youtu.be/4ui2tLe-VLs>

Augmentation-Mastopexy videos:

Breast lift with implants (augmentation mastopexy): <https://youtu.be/UcPULCHSA4E>

The paradox of a breast lift with implants: <https://youtu.be/Ukekd6gOPd0>

The longevity of a breast lift: <https://youtu.be/8IHa7BOacHc>

Areola reduction: <https://youtu.be/88KPd5klkDs>

Implants: when bigger is not better: <https://youtu.be/mulpxlqIOxs>

What is “natural” in breast augmentation: <https://youtu.be/Aq7I7k6q0bE>

Breast feeding with implants: <https://youtu.be/hBRxPjxrsbA>

Secondary (revision) breast implant surgery: https://youtu.be/I9mx4J4Fm_0

Breast implants “gone wrong”: <https://youtu.be/gZCnR1i3AKc>

The ageing breast: <https://youtu.be/WMje9FQWTYg>

Fat grafting breast enlargement: <https://youtu.be/LtUK8Gcqtyo>

Why more than one operation may be needed for fat grafting: <https://youtu.be/ms3N-u5GUh8>